



PROPOSAL BRIEF · NUTRITION

Cup of Uji — Morning Porridge Programme

\$2	Provides one reusable cup
\$20	Funds a month of morning uji for one pupil
\$200	Funds a classroom for one term

Every morning, many pupils at Kivutis Academy arrive at school having eaten little or nothing at home, particularly in ECD and lower primary classes where families may be preparing children for school before sunrise. A cup of uji, the traditional fermented maize or millet porridge served warm, is often the first food many of our youngest learners receive that day, and it plays a quiet but critical role in settling children into a calm, attentive start to morning lessons.

This proposal funds both the porridge programme's ingredients and the durable, reusable cups pupils need to be served safely and hygienically. A gift of \$2 supplies one reusable cup, built to last multiple school years; a gift of \$1 covers one cup of uji ingredients for one child for one day, meaning \$20 covers a full month of morning porridge for one pupil. A gift of \$200 sustains the morning porridge programme for an entire classroom for a full term.

Cups are labelled by class and stored centrally, reducing loss and keeping the morning serving routine quick, so that porridge time does not eat into instructional time. Teachers consistently report that pupils who receive morning uji settle faster, participate more actively in early lessons, and show fewer signs of fatigue before the mid-morning break.

Because uji is inexpensive, culturally familiar, and simple to prepare in bulk, it is one of the most efficient nutrition interventions available to the school, requiring no new equipment beyond the cups themselves and using the existing kitchen and staff already in place for the main feeding programme. Our goal this term is 300 cups and a fully funded morning porridge supply for every ECD and lower-primary pupil at Kivutis Academy.

How to give: KivutisacademyLtd@gmail.com · Maggy +254 719 666 484 · Director Dave 0707 761 395 · kivutisacademy.com
Kivutis Academy · P.O Box 2726-60100, Embu, Kenya · Reg. No. 14P20000711