



PROPOSAL BRIEF · NUTRITION

Feeding Programme — A Meal to Learn On

\$8	Feeds one child lunch for a month
\$400	Feeds a classroom of 40 for a term
\$1,200	Sustains one grade for a full year

For many pupils at Kivutis Academy, the meal served at school is the most reliable meal of their day. Ugweri Thau is a farming community, but dry seasons, fluctuating harvests, and household poverty mean that hunger can quietly undercut a child's ability to concentrate and participate long before any test score reveals the problem.

Our Feeding Programme provides a nutritious daily meal, typically githeri, beans, or vegetables with ugali, prepared fresh in our school kitchen by staff and parent volunteers. A gift of \$8 covers one child's lunch for an entire month; \$40 covers a full school term. A gift of \$400 feeds an entire classroom of roughly 40 pupils for a term, and \$1,200 sustains the whole programme for a full academic year for one grade.

Every shilling is spent locally, purchasing maize, beans, vegetables, and cooking fuel from farmers and traders in Ugweri Thau, which means a feeding donation supports two communities at once: the pupils who eat, and the local economy that supplies the food. Teachers report that attendance and afternoon concentration improve measurably on days the programme runs at full capacity, and parents describe the meal as easing pressure on household budgets that would otherwise stretch to cover lunch.

As enrolment grows, particularly in ECD and lower primary, the programme's biggest constraint is not willingness but supply: we currently cannot guarantee a full meal to every pupil every day. Regular monthly donors receive a termly update from the kitchen team showing meals served and ingredients purchased, keeping the process fully transparent. Feeding a child is one of the most immediate ways to support learning at Kivutis Academy, because a well-fed child is, first and simply, a child who can learn.

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